



19 East 34th Street New York, NY 10016 (212) 592-1800 (800) 223-6602 www.cpg.org

September 2015

Dear Member:

Health plan sponsors such as The Episcopal Church Medical Trust (Medical Trust) are required to provide certain information to members each year. As the sponsor of your health benefits, we are sending you the following notices:

- Joint Notice of Privacy Practices
   Details how medical information about you may be used and disclosed
- HIPAA Notice of Special Enrollment Rights
   Contains information on your right to enroll in a Medical Trust Plan under special provisions of the Health Insurance Portability and Accountability Act of 1996
- Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)
  Includes information on statewide premium assistance programs for members and their
  dependents who are eligible for Medicaid or the Children's Health Insurance Program
- Women's Health and Cancer Rights Act (WHCRA) Notice
   Details benefits for mastectomies under the Women's Health and Cancer Rights Act of 1998

Copies of these notices can also be found on our website and in each Medical Trust plan handbook at **www.cpg.org/mtdocs**.

Sincerely,

The Episcopal Church Medical Trust Team



## **Joint Notice of Privacy Practices**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

#### Introduction

Church Pension Group Services Corporation, doing business as The Episcopal Church Medical Trust (Medical Trust), is the plan sponsor of certain group health plans (each a Plan and together the Plans) that are subject to the Health Insurance Portability and Accountability Act of 1996 and the regulations enacted thereunder (HIPAA). HIPAA places certain restrictions on the use and disclosure of Protected Health Information (PHI) and requires the Medical Trust to provide this Joint Notice of Privacy Practices (the "Notice") to you. PHI is your individually identifiable health information that is created, received, transmitted or maintained by the Plans or its business associates, regardless of the form of the information. It does not include employment records held by your employer in its role as an employer. This Notice describes how your PHI may be used and disclosed by the Plans and by employees of the Medical Trust that are responsible for internal administration of the Plans. It also describes your rights regarding the use and disclosure of such PHI and how you can gain access to it.

#### What This Notice Applies To

This Notice applies only to health benefits offered under the Plans. The health benefits offered under the Plans include, but may not be limited to, medical benefits, prescription drug benefits, dental benefits, the health care flexible spending account, and any health care or medical services offered under the employee assistance program benefit. This Notice does not apply to benefits offered under the Plans that are not health benefits. Some of the Plans provide benefits through the purchase of insurance. If you are enrolled in an insured Plan, you will also receive a separate notice from that Plan, which applies to your rights under that Plan.

#### **Duties and Obligations of the Plans**

The privacy of your PHI is protected by HIPAA. The Plans are required by law to:

- Maintain the privacy of your PHI
- Provide you with a notice of the Plans' legal duties and privacy practices with respect to your PHI
- Abide by the terms of the Notice currently in effect

## When the Plans May Use and Disclose Your PHI

The following categories describe the ways the Plans are required to use and disclose your PHI without obtaining your written authorization:

**Disclosures to You.** The Plans will disclose your PHI to you or your personal representative within the legally specified period following a request.

**Government Audit.** The Plans will make your PHI available to the U.S. Department of Health and Human Services when it requests information relating to the privacy of PHI.

**As Required By Law.** The Plans will disclose your PHI when required to do so by federal, state or local law. For example, the Plans may disclose your PHI when required by national security laws or public health disclosure laws.

The following categories describe the ways that the Plans *may* use and disclose your PHI **without obtaining your written authorization**:

- **Treatment.** The Plans may disclose your PHI to your providers for treatment, including the provision of care or the management of that care. For example, the Plans might disclose PHI to assist in diagnosing a medical condition or for pre-certification activities.
- Payment. The Plans may use and disclose your PHI to pay benefits. For example, the Plans might use

or disclose PHI when processing payments, sending explanations of benefits (EOBs) to you, reviewing the medical necessity of services rendered, conducting claims appeals and coordinating the payment of benefits between multiple medical plans.

- **Health Care Operations.** The Plans may use and disclose your PHI for Plan operational purposes. For example, the Plans may use or disclose PHI for quality assessment and claim audits.
- **Public Health Risks.** The Plans may disclose your PHI for certain required public health activities (such as reporting disease outbreaks) or to prevent serious harm to you or other potential victims where abuse, neglect or domestic violence is involved.
- National Security and Intelligence Activities. The Plans may disclose your PHI for specialized government functions (such as national security and intelligence activities).
- **Health Oversight Activities.** The Plans may disclose your PHI to health oversight agencies for activities authorized by law (such as audits, inspections, investigations and licensure).
- Lawsuits and Disputes. The Plans may disclose your PHI in the course of any judicial or administrative
  proceeding in response to a court's or administrative tribunal's order, subpoena, discovery request or other
  lawful process.
- Law Enforcement. The Plans may disclose your PHI for a law enforcement purpose to a law enforcement official, if certain legal conditions are met (such as providing limited information to locate a missing person).
- **Research.** The Plans may disclose your PHI for research studies that meet all privacy law requirements (such as research related to the prevention of disease or disability).
- To Avert a Serious Threat to Health or Safety. The Plans may disclose your PHI to avert a serious threat to the health or safety of you or any other person.
- Workers' Compensation. The Plans may disclose your PHI to the extent necessary to comply with laws and regulations related to workers' compensation or similar programs.
- Coroners, Medical Examiners and Funeral Directors. The Plans may disclose your PHI to coroners, medical examiners or funeral directors for purposes of identifying a decedent, determining a cause of death or carrying out their respective duties with respect to a decedent.
- Organ and Tissue Donation. If you are an organ donor, the Plans may release your PHI to organizations that handle organ procurement or organ, eye or tissue transplantation or to an organ donation bank, as necessary to facilitate organ or tissue donation and transplantation.
- **Military and Veterans.** If you are a member of the armed forces, the Plans may release your PHI as required by military command authorities.
- Inmates. If you are an inmate of a correctional institution or under the custody of a law enforcement official, the Plans may release your PHI to the correctional institution or law enforcement official. This release would be necessary (1) for the institution to provide you with health care; (2) to protect your health and safety or the health and safety of others; or (3) for the safety and security of the correctional institution.
- Business Associates. The Plans may contract with other businesses for certain plan administrative services. The Plans may release your PHI to one or more of their business associates for plan administration if the business associate agrees in writing to protect the privacy of your information.
- Plan Sponsor. ECMT, as sponsor of the Plans, will have access to your PHI for plan administration
  purposes. Unless you authorize the Plans otherwise in writing (or your individual identifying data is deleted
  from the information), your PHI will be available only to the individuals who need this information to conduct
  these plan administration activities, but this release of your PHI will be limited to the minimum disclosure
  required, unless otherwise permitted or required by law.

The following categories describe the ways that the Plans *may* use and disclose your PHI **upon obtaining your written authorization**:

- Most uses and disclosures of psychotherapy notes;
- Uses and disclosures of PHI for marketing purposes; and
- Uses and disclosures that constitute a sale of PHI.

Any other use or disclosure of your PHI not identified in this section will be made only with your written authorization.

#### **Authorizing Release of Your PHI**

To authorize release of your PHI, you must complete a medical information authorization form. An authorization form is available at **www.cpg.org** or by calling (800) 480-9967. You have the right to limit the type of information that you authorize the Plans to disclose and the persons to whom it should be disclosed. You may revoke your written authorization at any time. The revocation will be followed to the extent action on the authorization has not yet been taken.

#### **Interaction with State Privacy Laws**

If the state in which you reside provides more stringent privacy protections than HIPAA, the more stringent state law will still apply to protect your rights. If you have a question about your rights under any particular federal or state law, please contact the Church Pension Group Privacy Officer. Contact information is included at the end of this Notice.

# **Fundraising**

The Plans may contact you to support its fundraising activities. You have the right to opt out of receiving such communications.

## **Underwriting**

The Plans are prohibited from using or disclosing PHI that is genetic information for underwriting purposes.

## Your Rights With Respect to Your PHI

You have the following rights regarding PHI the Plans maintain about you:

**Right to Request Restrictions.** You have the right to request that the Plans restrict their uses and disclosures of your PHI. You will be required to provide specific information as to the disclosures that you wish to restrict and the reasons for your request. The Plans are not required to agree to a requested restriction, but may in certain circumstances. To request a restriction, please write to the Church Pension Group Privacy Officer and provide specific information as to the disclosures that you wish to restrict and the reasons for your request.

**Right to Request Confidential Communications.** You have the right to request that the Plans' confidential communications of your PHI be sent to another location or by alternative means. For example, you may ask that all EOBs be sent to your office rather than your home address. The Plans are not required to accommodate your request unless your request is reasonable and you state that the ordinary communication process could endanger you. To request confidential communications, please submit a written request to the Church Pension Group Privacy Officer.

**Right to Inspect and Copy.** You have the right to inspect and obtain a copy of the PHI held by the Plans. However, access to psychotherapy notes, information compiled in reasonable anticipation of or for use in legal proceedings, and under certain other, relatively unusual circumstances, may be denied. Your request should be made in writing to the Church Pension Group Privacy Officer. A reasonable fee may be imposed for copying and mailing the requested information. You may contact the Medical Trust Plan Administration at **astill@cpg.org** for a full explanation of ECMT's fee structure.

**Right to Amend**. You have the right to request that the Plans amend your PHI or record if you believe the information is incorrect or incomplete. To request an amendment, you must submit a written request to the Medical Trust Plan Administration at **astill@cpg.org**. Your request must list the specific PHI you want amended and explain why it is incorrect or incomplete and be signed by you or your authorized representative. All amendment requests will be considered carefully. However, your request may be denied if the PHI or record that is subject to the request:

- Is not part of the medical information kept by or for the Plans;
- Was not created by or on behalf of the Plans or its third party administrators, unless the person or entity that created the information is no longer available to make the amendment;
- Is not part of the information that you are permitted to inspect and copy; or
- Is accurate and complete.

Right to an Accounting of Disclosures. You have the right to receive information about when your PHI has been disclosed to others. Certain exceptions apply to this rule. For example, a Plan does not need to account for disclosures made to you or with your written authorization, or for disclosures that occurred more than six years before your request. To request an accounting of disclosures, you must submit your request in writing to the Medical Trust-Plan Administration at <code>astill@cpg.org</code> and indicate in what form you want the accounting (e.g., paper or electronic). Your request must state a time period of no longer than six years and may not include dates before your coverage became effective. The Medical Trust Plan Administrator will then notify you of any additional information required for the accounting request. A Plan will provide you with the date on which a disclosure was made, the name of the person or entity to whom PHI was disclosed, a description of the PHI that was disclosed, the reason for the disclosure and certain other information. If you request this accounting more than once in a 12-month period, you may be charged a reasonable, cost-based fee for responding to these additional requests. You may contact Medical Trust Plan Administration at <code>astill@cpg.org</code> for a full explanation of the Medical Trust's fee structure.

**Breach Notification.** You have the right to receive a notification from the Plans if there is a breach of your unsecured PHI.

**Right to a Paper Copy of This Notice.** You are entitled to get a paper copy of this Notice at any time, even if you have agreed to receive it electronically. To obtain a paper copy of this Notice, please contact the Church Pension Group Privacy Officer.

#### If You Believe Your Privacy Rights Have Been Violated

If you believe your privacy rights have been violated by any Plan, you may file a complaint with the Church Pension Group Privacy Officer and with the Secretary of the U.S. Department of Health and Human Services. All complaints must be filed in writing. You will not be retaliated against for filing a complaint.

To contact the Church Pension Group Privacy Officer: Privacy Officer
The Church Pension Group
19 East 34th Street
New York, NY 10016
(212) 592-8365
privacy@cpg.org

To contact the Secretary of the U.S. Department of Health and Human Services: U.S. Department of Health and Human Services
Office of Civil Rights
200 Independence Avenue, SW
Washington, DC 20201
(202) 619-0257 | (877) 696-6775 (toll-free)
www.hhs.gov/contactus.html

#### **Effective Date**

This Notice is effective as of August 24, 2015.

#### Changes

Each Plan sponsored by the Medical Trust reserves the right to change the terms of this Notice and information practices and to make the new provisions effective for all PHI it maintains, including any PHI it currently maintains as well as PHI it receives or holds in the future, as permitted by applicable law. Any material amendment to the terms of this Notice and these information practices will be provided to you via mail or electronically with your prior written consent.



# **HIPAA Notice of Special Enrollment Rights**

This notice informs you of your right to enroll in a group health plan sponsored by The Episcopal Church Medical Trust (a "Medical Trust Plan") under the special enrollment provisions of the Health Insurance Portability and Accountability Act (HIPAA).

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in a Medical Trust Plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

Also, if you or any of your dependents loses eligibility for coverage under Medicaid or the Children's Health Insurance Plan (CHIP) or if you or any of your dependents becomes eligible for premium assistance under Medicaid or CHIP, you may be able to enroll yourself and your dependents in a Medical Trust Plan. However, you must request enrollment within 60 days after this change.

To request special enrollment or obtain more information, contact The Episcopal Church Medical Trust at the following address and phone number:

The Episcopal Church Medical Trust 19 East 34th Street New York, NY 10016 (800) 480-9967

You may also review the applicable Medical Trust Plan Handbook available at www.cpg.org/mtdocs.



## Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit **www.healthcare.gov.** 

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a state listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your state Medicaid or CHIP office or call (877) KIDS-NOW or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at **www.askebsa.dol.gov** or call (866) 444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2015. Contact your State for more information on eligibility:

ALABAMA - Medicaid	GEORGIA - Medicaid	
Website: www.myalhipp.com Phone: (855) 692-5447	Website: http://dch.georgia.gov/ Click on Programs, then Medicaid, then Health Insurance Premium Payment (HIPP) Phone: (404) 656-4507	
ALASKA - Medicaid	INDIANA - Medicaid	
Website: http://health.hss.state.ak.us/dpa/programs/medicaid/ Phone (Anchorage): (907) 269-6529 Phone (Outside of Anchorage): (888) 318-8890	Website: http://www.in.gov/fssa Phone: (800) 889-9949	
COLORADO - Medicaid	IOWA - Medicaid	
Medicaid Website: http://www.colorado.gov/hcpf Medicaid Customer Contact Center: (800) 221-3943	Website: www.dhs.state.ia.us/hipp/ Phone: (888) 346-9562	
FLORIDA - Medicaid	KANSAS - Medicaid	
Website: https://www.flmedicaidtplrecovery.com/ Phone: (877) 357-3268	Website: http://www.kdheks.gov/hcf/ Phone: (800) 792-4884	
KENTUCKY - Medicaid	NEW HAMPSHIRE - Medicaid	
Website: http://chfs.ky.gov/dms/default.htm Phone: (800) 635-2570	Website: http://www.dhhs.nh.gov/oii/documents/ hippapp.pdf Phone: (603) 271-5218	

LOUISIANA - Medicaid	NEW JERSEY - Medicaid and CHIP		
Website: http://dhh.louisiana.gov/index.cfm/subhome/1/n/331 Phone: (888) 695-2447	Medicaid Website: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/ Medicaid Phone: (609) 631-2392 CHIP website: http://www.njfamilycare.org/index.html CHIP phone: (800) 701-0710		
MAINE - Medicaid	NEW YORK - Medicaid		
Website: http://www.maine.gov/dhhs/ofi/public-assistance/index.html Phone: (800) 977-6740 TTY: (800) 977-6741	Website: http://www.nyhealth.gov/health_care/medicaid/ Phone: (800) 541-2831		
MASSACHUSETTS - Medicaid and CHIP	NORTH CAROLINA - Medicaid		
Website: http://www.mass.gov/MassHealth Phone: (800) 462-1120	Website: http://www.ncdhhs.gov/dma Phone: (919) 855-4100		
MINNESOTA - Medicaid	NORTH DAKOTA - Medicaid		
Website: http://www.dhs.state.mn.us/id_006254 Click on Health Care, then Medical Assistance Phone: (800) 657-3739	Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/Phone: (800) 755-2604		
MISSOURI - Medicaid	OKLAHOMA - Medicaid and CHIP		
Website: http://www.dss.mo.gov/mhd/participants/ pages/hipp.htm Phone: (573) 751-2005	Website: http://www.insureoklahoma.org Phone: (888) 365-3742		
MONTANA - Medicaid	OREGON - Medicaid		
Website: http://medicaid.mt.gov/member Phone: (800) 694-3084	Website: http://www.oregonhealthykids.gov http://www.hijossaludablesoregon.gov Phone: (800) 699-9075		
NEBRASKA - Medicaid	PENNSYLVANIA - Medicaid		
Website: www.ACCESSNebraska.ne.gov Phone: (855) 632-7633	Website: http://www.dhs.state.pa.us/hipp Phone: (800) 692-7462		
NEVADA - Medicaid	RHODE ISLAND - Medicaid		
Medicaid Website: http://dwss.nv.gov/ Phone: (800) 992-0900	Website: www.eohhs.ri.gov Phone: (401) 462-5300		
SOUTH CAROLINA - Medicaid	VIRGINIA - Medicaid and CHIP		
Website: http://www.scdhhs.gov Phone: (888) 549-0820	Medicaid Website: http://www.coverva.org/programs_premium_ assistance.cfm Medicaid Phone: (800) 432-5924 CHIP website: http://www.coverva.org/programs_ premium_ assistance.cfm CHIP phone: (855) 242-8282		
SOUTH DAKOTA - Medicaid	WASHINGTON - Medicaid		
Website: http://dss.sd.gov Phone: (888) 828-0059	Website: http://www.hca.wa.gov/medicaid/ premiumpymt/pages/ index.aspx Phone: (800) 562-3022 ext. 15473		

TEXAS - Medicaid	WEST VIRGINIA - Medicaid	
Website: https://www.gethipptexas.com/ Phone: (800) 440-0493	Website: http://www.dhhr.wv.gov/bms/Medicaid%20Expansion/ Pages/default.aspx Phone: (877) 598-5820, HMS Third Party Liability	
UTAH - Medicaid and CHIP	WISCONSIN - Medicaid and CHIP	
Website: http://health.utah.gov/medicaid CHIP website: http://health.utah.gov/chip Phone: (866) 435-7414	Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: (800) 362-3002	
VERMONT - Medicaid	WYOMING - Medicaid	
Website: http://www.greenmountaincare.org/ Phone: (800) 250-8427	Website: http://health.wyo.gov/healthcarefin/equalitycare Phone: (307) 777-7531	

To see if any other states have added a premium assistance program since July 31, 2015, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration **www.dol.gov/ebsa** (866) 444-EBSA (3272) U.S. Department of Health and Human Services Employee Centers for Medicare & Medicaid Services **www.cms.hhs.gov** (877) 267-2323, Menu Option 4, Ext. 61565



## Women's Health and Cancer Rights Act (WHCRA) Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Acts of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prosthetics; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductible and coinsurance applicable to other medical and surgical benefits provided under this plan.

If you would like more information on WHCRA benefits, call your Plan Administrator or The Episcopal Church Medical Trust at (800) 480-9967.