## **Registration information**

Please print and complete a separate registration form for each attendee. Scan and fax the completed forms to: 414-649-7117. All fees can be paid on one credit card or check (see below) if submitted together.

Contact information: Please Print
Name:
St Address:
City/ST/Zip:
Email Address:
Payment information Registration is \$25.00 per person Credit card (Visa, MC, Discover):
Name:
Card number:
Exp. Date: CVE:
To pay by check, make check payable to: Aurora Health Care, Address below
REGISTRATION DUE BY TUESDAY SEPTEMBER 15, 2015 (SPACE LIMITED)

Aurora Spiritual Care 2900 W Oklahoma Avenue Milwaukee, WI 53215 T 414-649-6567 F 414-649-7117



# **Extending the Embrace Conference**

Ministry to People Affected by Mental Illness Wednesday October 7, 2015 8:30 AM - 4:00 PM



#### Why come?

Research suggests that 30-40% of people participating in a faith community meet criteria for a behavioral health condition. Yet very few spiritual leaders are trained to minister to people struggling with these problems.

This conference focuses on ways to better understand the needs of this vulnerable population and to provide a framework to establish an effective ministry of compassion and support.

# Conference goals Participants will learn:

- 1. About the impact of trauma on mental, emotional and interpersonal functioning
- 2. How to begin integrating people with behavioral health problems into a faith community
- 3. The role of compassion fatigue and self-care in maintaining healthy boundaries
- 4. How to effectively partner with professional and community-based behavioral health providers

#### **Keynote Presenters**

## Matthew Keiser, MDiv and Jay Chrostowski, PsyD, ABPP-CI, FAACP

Matthew, Staff Chaplain for Aurora Psychiatric Hospital and Jay, Director, Professional Education, Integration, and Outcomes at Aurora Behavioral Health Services provide the framework of need, the urgency for, and spiritual underpinnings of ministry to people with mental illness.

#### Pastor Pres Hoffman St. John Lutheran Church West Milwaukee

This breakout session explores ways faith communities can engage and provide life-giving ministry to military personnel and their families.

#### Robert W. Marrs, MS, LMFT Mgr, Aurora Family Service

In this breakout, learn about healthy boundaries and areas of vulnerability, compassion fatigue and personal wellness.

## Rev. Walter J. Lanier, JD, MDiv Pastor, Progressive Baptist Church

This breakout will address the core pastoral counseling skills needed, a theological framework and the steps to create a mental health ministry in a local faith community.

#### Rev. Sue Ott-Holland Director, AHC Spiritual Care

Sue addresses recognizing what and who can change, identifying situations that "hook" us and how to detach, and self-care in this breakout.

## Kristina Vollmer, PhD Psychologist, Aurora Behavioral Health Center

This breakout on trauma informed care helps participants recognize various types of trauma, the effects it may have on people and ways to address these effects in ministry.

#### Paul Zenisek, LCSW Chemical Dependency Services

Develop a basic understanding of the addiction and recovery processes, the faith community role in prevention and intervention, and strategies to discuss substance use with users and their families in this breakout.

#### Location:

St. Mark AME Church 1616 W. Atkinson Avenue Milwaukee, WI 53206

#### **Conference Schedule**

Registration: 8:30 a.m. Keynote: 9:00 AM Breakouts: 10:30 AM

Lunch: 11:45 AM (Included)

Breakouts: 12:30 PM Breakouts: 2:00 PM Wrap-up: 3:15 PM Dismissal: 4:00 PM

# **Questions Contact: Karen Frank**

T 414-649-6567 karen.frank@aurora.org